



ANNUAL REPORT 2018



Spreeha Foundation
envisioning life without poverty
spreeha.org



SPREEHA FOUNDATION

ANNUAL REPORT 2018

Spreeha Foundation is a Washington based 501(c)(3) non-profit organization. We strive to break the cycle of poverty for underprivileged people by providing healthcare, education and skills training.

EIN: 45-3361624

2205 152nd Ave NE
Redmond, WA 98052

spreeha.org | fb.com/spreeha.org | twitter.com/spreehaorg

Contact: info@spreeha.org

Cover photo by Donald Miller

envisioning life without poverty



Spreeha is proud to share a few highlights:

- **100,000:** The number of lives Spreeha has touched in Dhaka Bangladesh since 2012.
- **Zero:** The maternal mortality rate in Spreeha's service area in Rayer Bazar slum in 2018!
- **Two:** The number of students from the slum who became Spreeha's first university graduates in 2018.

Table of Contents

About Spreeha	3
<i>Our Vision</i>	3
<i>Our Mission</i>	3
<i>Our Values</i>	3
<i>Service Model</i>	4
Programs	5
<i>Healthcare</i>	5
<i>Education</i>	5
<i>Skills Training</i>	5
Journey of Hope: Breaking the Cycle of Poverty	1
<i>Achievements in 2018</i>	2
<i>Health Program</i>	3
<i>Education Program</i>	6
<i>Skills Training Program</i>	10
<i>Events</i>	13
Support for Rohingya Refugees in Cox's Bazar, Bangladesh	17
<i>Healthcare Service</i>	17
<i>Education</i>	18
<i>Community Awareness and Counseling</i>	19
Spreeha Diversity Academy	21
<i>Spreeha Pathshala</i>	21
Spreeha Kitchen	22
Spreeha Youth/Kids' Club	23
Spreeha Holiday Drive	23
Spreeha Community Outreach	24
<i>Spreeha in the Park</i>	24
Impacts at a Glance	25
<i>Six Years Total Impact</i>	26
Finances	31
Key Partnerships	28
Join Spreeha	29

About Spreeha

Spreeha Foundation, a Washington based 501(c)(3) non-profit organization, takes a holistic approach to break the cycle of poverty.

Our Vision

Spreeha envisions life without poverty where underprivileged people are empowered to improve their quality of life.

Our Mission

Spreeha strives to break the cycle of poverty for underprivileged people by providing healthcare, education, and skills training.

Our Values

- **Empathy:** Deeply integrate within the slum communities, seek to understand the problems the community faces, and build trust.
- **Creativity:** Develop creative solutions tailored towards the community.
- **Lean Methodology:** Be flexible and agile, build programs that consist of small components.
- **Continuous Learning:** Improve services based on learning and feedback.
- **Partnership:** We build strong partnerships with local and international organizations and governments.

Our principles are deeply aligned with human-centered design, to empower, serve and build relationships with the communities.



Photo by Donald Miller

Service Model



Spreeha's model empowers underprivileged people to improve their quality of life and break out of the cycle of poverty.



Programs

Spreeha's core programs provide support to the underprivileged community in three major areas.

Healthcare

- Access to physicians, medication, and education to improve general health
- New in house pathological laboratory
- Prenatal and postnatal care services
- Immunization and child health education programs
- Special health programs
- Family planning services

Education

- Pre-school programs for children ages 3-5 years
- After-school tutorial support for children of age 6+ years
- Scholarships to continue education
- Special programs and study tours to help scholastic advancement

Skills Training

- Adolescent girls' clubs to educate girls in necessary life skills.
- Computer and software training
- Sewing training program for women
- Business skills training and marketing support

Journey of Hope: Breaking the Cycle of Poverty



According to the latest census of slum dwellers by the Bangladesh Bureau of Statistics (BBS), approximately 2.23 million people live in 500 slums across the country. Slum residents cannot fulfill their basic needs like food, clothing, shelter, education, and healthcare. With the goal of serving underprivileged people, Spreeha started working in the Rayer Bazar slum in Dhaka, Bangladesh since 2012. Spreeha's Global programs in Bangladesh are implemented by our implementing partner Spreeha Bangladesh Foundation.

Alignment with United Nations Sustainable Development Goals (SDG)

On September 25, 2015, UN countries adopted a sustainable development agenda that includes a set of goals to end poverty, protect the planet, and ensure prosperity for all. The United Nations recognizes that everyone needs to do their part: governments, the private sector, civil society, and people like you for the goals to be reached. Spreeha Foundation, along with its vision, mission, and core values, aligns with the following SDG goals:



Achievements in 2018

Spreeha's service in the Rayer Bazar slum is summarized in the table below.

Service Components	Target (Persons to serve)	Achieved (Persons served)
Healthcare		
Pregnant mothers registration for ANC	300	300
Postnatal mother care	250	194
Neonate care	250	193
Patient Visits and treatments	9600	9064
Health education delivery		5799
EPI counseling for U-1 children's parents		600
Mothers participating in mom's club	120	120
Fertile couple's family planning counselling	1200	1237
Child malnutrition screening	300	300
Subtotal Healthcare	11,900	17,807
Education		
Children in preschool	180	180
Children in after school	240	240
Scholarships*	20	6
Education counselling		2431
Subtotal Education	440	2857
Skills Training		
Computer literacy	100	100
Sewing and tailoring training	60	60
Adolescent girls club Life Skills Training	180	180
Skills training counseling		2500
Subtotal Skills Training	340	2840
Events and Outreach		
Household day to day counseling**	11160	
Safe motherhood camp, 28th May	N/A	100
Vitamin A Campaign	N/A	578
International Literacy Day	N/A	300
Global Handwashing Day	N/A	100
International Girl Child Day	100	300
TT Vaccination	N/A	300
Subtotal Events		1,678
Grand Total	24,760	25,182
Notes: * In 2018 scholarships were planned for 20 students. but allocated budget has been spent among six students for a longer term impact.		
** Achieved numbers in 2018 are Included in each service category		

Health Program



Photo by Donald Miller

Spreeha provides comprehensive healthcare services, including primary healthcare in the healthcare center, daily (except Fridays) from 9 am to 5 pm. Two general physicians, trained in obstetrics and gynecology, provide maternal and child healthcare (MCH) and primary healthcare (PHC). One sinologist conducts the ultrasonography and one pathologist monitors the diagnostic tests.

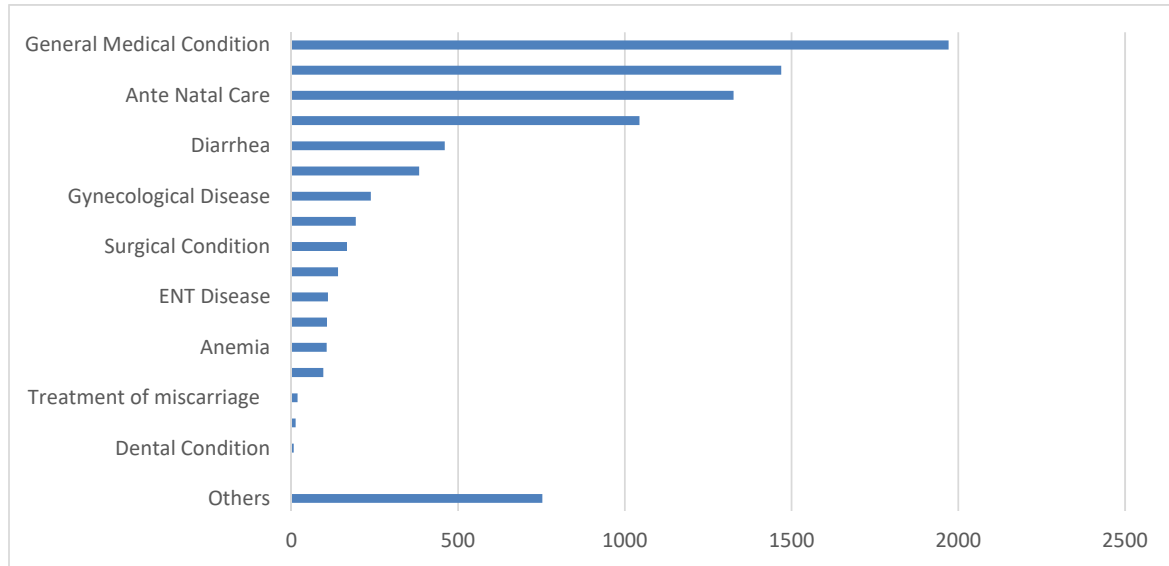
Objectives

1. Provide healthcare, including access to physician care, safe medication, and health education to improve general health
2. Reduce maternal and neonatal death
3. Prevent communicable diseases
4. Prevent malnutrition in children under the age of five
5. Reduce over population
6. Develop sustainable healthcare service

Healthcare Components

- Preventive Healthcare
- Maternal and Child Healthcare
- Primary Healthcare
- Pharmacy and Pathological Facilities
- Family Planning Program
- Events
- Partnership

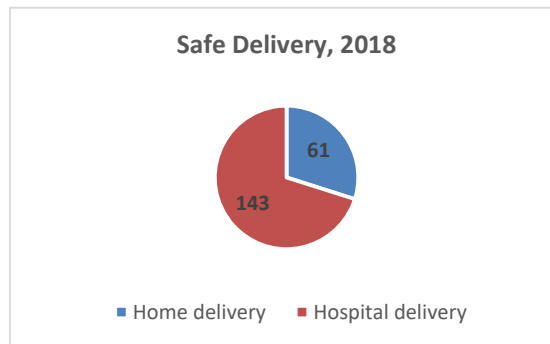
Disease Profile 2018



In 2018, a total of 9064 patients were treated for different types of diseases in the health care center among which general medical conditions (e.g., anorexia, generalized weakness, headache, body-ache, etc.) were high in frequency. Skin diseases (e.g., seborrhoeic dermatitis, psoriasis, diarrhea, fungal infections, etc.) were identified as frequently occurring conditions. Patients suffering from musculoskeletal disorders, anemia, heart disease, and eye disease also sought consultancy from doctors at the clinic. Moreover, the number of patients with lung diseases is the second highest, while the number of patients with skin diseases is the third highest.

Maternal and Child Healthcare, Delivery Status

One of the main focuses of mother-child healthcare is to make underprivileged pregnant mothers aware of the importance of health-seeking behavior during pregnancy. A total of 204 deliveries were supported during this period, among which 143 cases were hospital delivery and 61 cases were home delivery (NVD). No maternal deaths were reported among these 204 cases, thus the maternal mortality number for 2018 was zero.



Rahima Begum: Three Generations with Spreeha

Someone came to Rahima Begum's door six years ago.

"There's a new clinic opening up, why don't you visit it? And if you think it is good, you can tell others,"

She was already frustrated with her chronic cough and unsuccessful treatments from other clinics. Not to mention the expenses beyond her reach. Hesitant, Rahima Begum went to Spreeha clinic. She had a throat infection that she thought might need surgery. But Dr. Ahmed gave her some medicine first. What a trip to three different clinics couldn't do was done here. It wasn't miracle; it was just someone caring enough to diagnose her properly.

That was the beginning. Rahim was one of the first beneficiaries of Spreeha's healthcare services. Now, her son, daughter-in-law, and granddaughter are also Spreeha beneficiaries. When her daughter-in-law was pregnant, they depended on Spreeha's maternal healthcare system and had a safe delivery. She now shares her trust in Spreeha's service with the community.

"I've been to so many clinics but never did I receive the warmth that I received from Spreeha"

families they care for.



These lives are not just numbers, Spreeha looks forward to building relationships with the people and

Education Program



Objectives

1. Ensure early childhood development and pre-primary education
2. Provide access to education system from pre-primary to graduation level
3. Minimize dropout rate from primary and secondary school level
4. Increase literacy and numeracy among people
5. Develop a sustainable education system

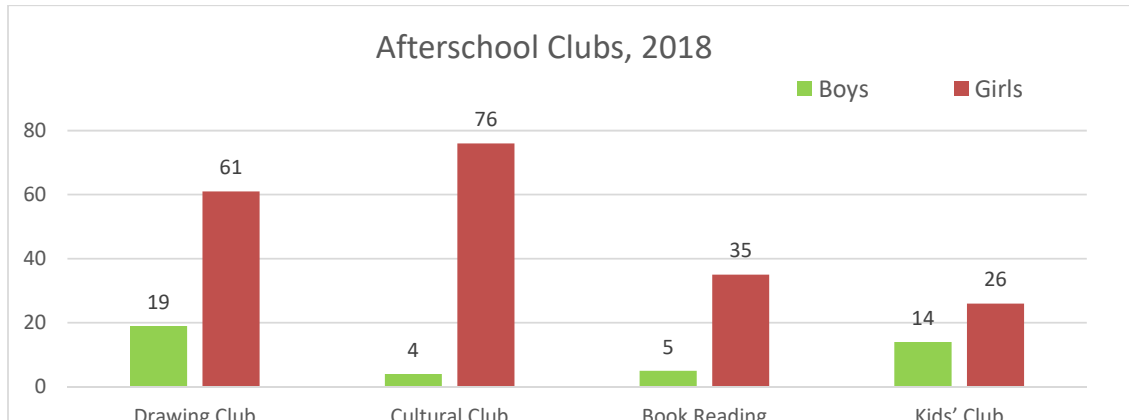
Education Components

- Early child development program (ECDP)
- Health and hygiene program
- After school program
- Scholarship program
- Events
- Education counseling

Preschool operates in two Spreeha Community Resource Centers in six batches. Each batch consists of 30-preschoolers. This program offers students an interactive learning space to improve their social skills. Since this is a one-year program, the number of students is maintained at 180 consistent with the project's target number. Among the students, 77 were boys and 103 were girls in 2018.

Afterschool operates through four types of clubs – drawing club, cultural club, book reading club, and kids' club. Primarily aimed at engaging students in extracurricular activities and community works, these clubs help prevent school dropout. In 2018, a total of 120 students were enrolled in these clubs for a 6-months period for. A total of

240 students enrolled in the entire year. Among the students, 42 were boys and 198 were girls.



The project runs door to door services for the counseling of education. During this year, community facilitators reached a total of 2,431 people for education counseling. This door to door service keeps the project strong as it builds trust and relationships with the community.

The Scholarship Program awards scholarships to individual students in to enable recipients to complete their academic levels. This includes funding for tuition and fees for enrollment, course related expenses such as fees, books, and supplies, and equipment required for courses . In 2018, Spreeha introduced the **Shams and Nasreen Scholarship**. This scholarship honors Khawja Shamsuddin and Nasreen Shamsuddin, integral members of Spreeha who have been actively taking part in the building of communities and shaping people’s lives with their volunteerism and relentless love of people. Six students were awarded this scholarship in 2018.



Afsana and Shabnaz: Spreeha's First University Graduates!



Spreeha is proud to share that Shabnaz Akhter and Afsana Akhter are the first two students of the Spreeha community completing their Bachelor's degrees with a 1st Class majoring in Marketing from National University, Bangladesh.

They both live in the Rayer Bazar slum and have shown immense dedication in the face of adversity.

Shabnaz was asked at a very young age to sacrifice her education to become the breadwinner for her family. Despite the endless hardship and poverty she faced all around her, the spirit of education and advancing in life was still alive inside her. She persevered through it all.

"I truly believe that if you stand strong in the face of adversity and have faith in your dream, nothing can stop you" - Shabnaz

Afsana is the eldest of four sisters. They live in a single slum room with their grandmother. She always was eager to complete her education. However, due to the pressure from her family, Afsana was concerned about a future where she'd no longer be able to pursue her education or even worse, her family would forcefully marry her off. To prove her right, she was forced to marry an older man and stop her education. But with her resilience and determination, she freed herself from the forced marriage, continued her education and finally graduated with an excellent academic result!

Tanvir: A Pre-School Child Who Likes to Dance!



Tanvir is a seven-year-old playful boy, full of life and energy like any other child his age. However, born in a poor family with a father struggling to make ends meet, his future is uncertain. His father, a street vendor, had not been willing to send his son to school. Spreeha's persuasive education counselling helped to change his mind and, Tanvir will attend school next year.

He now attends Spreeha's pre-school and loves to dance. In the Bangladeshi culture, young boys taking up dancing is seen as societal taboo. Spreeha has provided a safe place for children like Tanvir to express themselves in their own unique ways and follow their dreams. In Spreeha, there is no discrimination, no one raises an eyebrow, and no one judges.

Skills Training Program

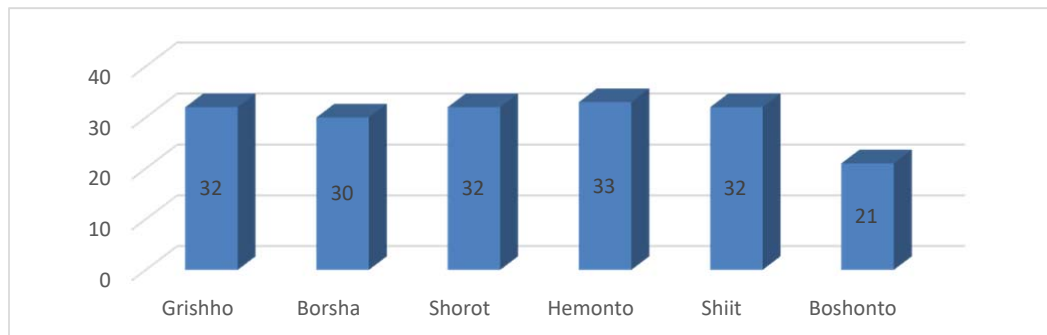


Components

- Computer Training Center
- Sewing Training Center
- Adolescent Girls' Club
- Spreeha Volunteer Club
- Events
- Partnership

Skills training programs provide soft skills (for overcoming day to day challenges barriers) as well as income-generating skills.

Adolescent Girls' Club aims at empowering girls through developing soft skills, a sense of rights and responsibilities towards communities, and the provision of sound knowledge on sexual and reproductive health and rights (SRHR).



Girls are enrolled in six different batches of clubs for this six-month program. This year, a total of 180 adolescent girls attended our Adolescent Girls' club.

The Sewing Training program focuses on promoting self-employment by providing men and women with the required skills and knowledge to build their own businesses and become financially self-sufficient.

This program offers 4-months basic cutting and sewing training classes, each class consisting of five trainees. In 2018, Spreeha completed 12 cohorts of sewing training, a total of 60 students who got trained in this program.

The Computer Training program offers a 3-month computer training through which marginalized people have the opportunity to enhance their basic IT knowledge and become computer literate.

In 2018, a total of 13 groups of students have been part of the training sessions, each group consisting of eight trainees. A total of 100 people received training throughout the year, among which 43 were male trainees and 57 were female trainees.

Nadia's Story: Aim for the Stars

Girls in Rayer Bazar slums usually do not dream big. Nadia does. Even, though Nadia lives in this slum, she can't stop dreaming about doing something meaningful for her country. Spreeha is by her side and provides her with the life skills and the right education to explore her dreams. Spreeha helps her feel confident that she can do something great with her life.



She has a family of five. Her grandmother isn't happy with how she isn't as invested in household chores. She doesn't like her wanting to go out and cycle around. "Girls aren't supposed to do that, you see?"

Nadia's mother, on the other hand, wants her to focus on her studies. She wants Nadia to be able to soar in her life. So, she doesn't ask for her help with household chores much. She believes that Nadia will be someone big someday.

And Nadia? She wants to be the prime minister of Bangladesh. And she is a girl with a plan. She wants to fix all the damaged roads, improve public schools, and eradicate corruption in the country altogether. A noble and extremely difficult undertaking, but her heart is in the right place.

Moriam Nesa: 18-Years Old Fighter

"I love coming to Spreeha Cultural Club because I get to meet with friends here who are of my age. Apart from this space, I do not get to meet anyone of my age at home. Because in my community, girls of my age do not talk that much because I am married and they think I should belong to another (married) peer group"

Due to challenges in her family, Mariam Nesa faced lots of struggle in her childhood, moving often from one relative's home to another. Eventually, she was forced to marry an older man and ended up at the Rayer Bazar slum with her husband.

Moriam visits the Spreeha sewing training center whenever her husband is away with the hope of learning an income generating skill so that she can earn and become financially independent.

Moriam also has an opportunity to pursue her passion for dancing, by attending Spreeha Cultural Club's sessions.



Events

Safe Motherhood Day: MAY 28, 2018

The theme of this year was "Midwives are essential to reduce maternal mortality".



Spreeha observed Safe Motherhood Day with several programs. Dr. Nadira Sharmin, Program coordinator of Spreeha Bangladesh Foundation delivered an awareness workshop discussing issues about pregnancy. The speech included information about the danger signs of pregnancy and about how to get rid of them and also about when and how frequently pregnant mothers have to go to the hospital. Counseling about why midwives are essential was delivered door to door in the slum. 100 pregnant mothers received healthcare counseling in this session.

Vitamin A Campaign: July 14, 2018

Vitamin-A campaign was observed on 14th July 2018 in Spreeha Healthcare center. Partnering with Nogor Shastho Kendra, Spreeha administered the service to 578 U-5 children.

62 children from ages 6 to 11 months were given high-powered vitamin A capsules and 516 children aged between 12 to 59 months were given high powered vitamin C capsules.

Vitamin A is considered essential for the functioning of the immune system and the healthy growth and development of children



and is usually acquired through a healthy diet.

However, it is estimated that, globally, 190 million children under five years of age are affected by vitamin A deficiency. These children suffer an increased risk of visual impairment (night blindness) and illness and death from childhood infections such as measles and those causing diarrhea.

According to the National Micronutrient Status Survey 2011-12, in Bangladesh one in five children was living with vitamin A deficiency. The prevalence appears to be higher among children living in slums at 38 percent (among pre-school aged children) and 27 percent (among school-aged children). The rate of children's night-blindness in the country has come down below one percent following the distribution of Vitamin A plus capsules regularly.

International Literacy Day: September 8, 2018

International Literacy Day, celebrated annually on September 8, is an opportunity for governments, civil society, and stakeholders to highlight improvements in world literacy rates and reflect on the world's remaining literacy challenges.



This year, Spreeha celebrated the day with 300 preschoolers and school going students of Journey of Hope's Education Program. The objective was to create awareness among students about the importance of education and competency building and engaging them through different activities.

Preschoolers wrote their names and Bangla letters on flashcards and art papers. Students attending the after school program read stories in groups. The teacher had a separate session with them on the importance of Education.

Community Officers conversed with parents about the importance of sending their children to school on time and keeping track of their academic progress.

International Girl Child Day: October 11, 2018

Spreeha observed International Girl Child Day on October 11, 2018. Shahzadi Afzali Zaman, Senior Researcher and Afroja Arman, research officers and volunteers from

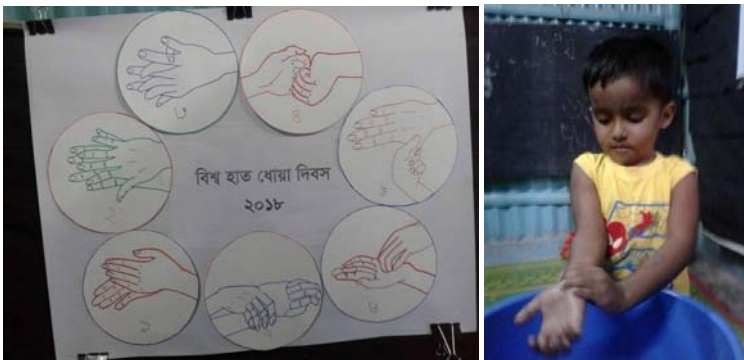


Bangladesh Mahila Parishad spent an afternoon with our students in our after school and adolescent girls' clubs. They conducted two study circles at our Spreeha Community Resource Centers. Our students really enjoyed spending time talking about their future lives and dreams. A total of 300 students were a part of this event.

Hand Washing Day: October 15, 2018

Hand washing, seems very simple. However, for the slum dwellers in Dhaka, this very important aspect of germ prevention needs addressing and awareness.

In celebration of Global Hand Washing Day a creative knowledge sharing session was initiated by Spreeha preschool teachers to increase awareness and encourage the students about the importance of washing their hands with soap.



Keeping this year's theme of Global Hand Washing Day "Clean hands – a recipe for health" in focus, we enlightened them about the significance of using soap as an easy

and effective way to fight germs. They also learned about proper handwashing techniques and hygiene tips in order to keep their little hands clean and maintain good hygiene. A total of 100 children were trained on this day.

Universal Children's Day: November 20, 2018

November 20, Universal Children's Day, celebrates and promotes the wellness of children worldwide. It's a day that's very close to our hearts here at Spreeha and we strongly support this year's theme "go blue" that calls for educating children and empowering them to achieve their boundless potential.

On this day, our little geniuses in the after school program celebrated Universal Children's Day with great joy and lots of smiles. A super thoughtful drawing competition was organized by our dear teachers where every student got to be part of different fun activities.

We ended the month of Children's Day with a commitment to keep doing our part to strengthen every child's power of imagination and give their creativity wings.



Support for Rohingya Refugees in Cox's Bazar, Bangladesh

In 2017, people from Myanmar fled to Bangladesh to avoid a military crackdown and mass killing that the UN described as “ethnic cleansing”. Over 700,000 Rohingya refugees are now living in the Rohingya refugee camps in Bangladesh. Spreeha’s work in the Rohingya refugee camps builds on its core values of empathy, creativity, lean methodology, continuous learning, and partnership. The objective is to create long term positive changes like healthcare and education for women and children. Initially, most being served were pregnant and rape victims as well as children who have been orphaned. Spreeha’s early childhood development centers are providing a safe and supportive learning environment for refugee children and pre-school education. Spreeha strives to create lasting impacts on the lives of those who are in the most difficult of situations.

Service components include 1. Healthcare, 2. Early Childhood Development (Education), and 3. Community Awareness through events and counselling. Spreeha Bangladesh partnered with RISDA Bangladesh and Human Aid Bangladesh to run Early Childhood Development Space at Unchinprang Camp (January 2018 - October 2018) and in Balukhali camp (October 2018 to present) and healthcare facilities at Unchinprang and Balukhali camps in Cox’s Bazar.

Persons Served in 2018

Service Components	Persons Served
Health Care	21,145
Education	351
Counseling	351
Events	1,051
Solar Light Distribution (2300 family X 6 member per family)	13,800
Total	36,698

Healthcare Service

Maternal Health Care

MCH Service During the service period of December 2017 to June 2018

The service period focused mostly on MCH services including Antenatal, Normal Vaginal Delivery, Neonatal, and Postnatal care. A total of 2292 patients received MCH services among which 1579 pregnant mothers received Antenatal Care (ANC), 51 women were assisted for normal vaginal delivery (NVD), 611 new mothers received Postnatal Care (PNC), and 51 neonates received Essential Neonatal Care (ENC). The service included consultancy, safe medication, and referral to other health care services when needed.

MCH service during the service period of July 2018 to December 2018

During the service period of July 2018 to December 2018, Balukhali Camp did not receive as massive a flow of patients as the previous period. A total of 54 patients received MCH services. The patients received treatment only for ANC (Antenatal Care). The service included family planning consultancy, safe medication, and referral to other health care services when needed.

Primary Healthcare Services

Primary healthcare service consisted of consultancy, safe medication, and referral to general medical conditions, communicable diseases, injuries, and other diseases.

A total of 11,773 patients received primary healthcare during the service period of December 2017 to June 2018. A total of 5,161 patients received primary healthcare during the service period of July 2018 to December 2018. During this time, Diarrhoea and other LCC patients were at higher frequency (1,966 patients). A total of 517 patients received ARI treatment for lung-related diseases in the second part of the year.



Medical team and patients at the Spreeha health clinic

Education

In January 2018, Spreeha constructed two child-friendly spaces (Block A & B) at Unchingprang Camp of Cox's Bazar. Those two spaces started off with a total of 142 students. Later in June 2018 the spaces started serving a total of 171 students from 5 to 12 years of age. Each child-friendly space conducts sessions in two shifts (shifts are based on children's age group).

The child friendly center experienced a relocation during the month of October 2018 to Balukhali camp. From July 2018 to December, 2018 a total of 180 students ranging from 5 to 12 years old receives sessions in this center. Each child-friendly space conducts sessions in two shifts (shifts are based on children's age group).

To start off with familiar elements, and create a sense of belonging, children from 5-7 years were made aware of their own country name, community name, and nationally important names for Rohingyas (e.g. national fruit, national bird). To assist them in developing the first steps of communications, children from 7-12 years were introduced with the steps of greetings through role play. In order to create normalcy in their lives, all children were introduced with “A day in a child’s life” (Basic Daily Routine of a Child) in their native language.



Spreeha Child Friendly Space in the Balukhali Rohingya camp (photo by Donald Miller)



Spreeha Child Friendly Space in the Unchinprang, Rohingya camp

Community Awareness and Counseling

The purpose of community awareness is to create community awareness and develop a sense of hygiene and the importance of schools. Counseling sessions with parents were undertaken to help the community cope with difficult situations and ease conflicts within the camps. Bengali facilitators with the help of Rohingya translators and Majhis (Rohingya Community Leaders) reached the families of 180 children to send them to the child-friendly space to

create a healthy environment for their children. Counselling is a tough job in a conflict situation and in over-crowded camps. Facilitators went from door to door to keep the parents informed about their children’s activities.



Meeting with the community

Four siblings : Mujibur, Tasmin, Sehera and Jahidur

Mujibur Rahman (age 9), Tasmin Ara (age 8), Sehera (age 8), and Jahidur Rahman (age 6). Their father is Solimullah and mother Nur Ayesha. They used to live in the village of Naisapur in Myanmar. Currently, all of them are studying in the child-friendly center of Spreeha Bangladesh Foundation. Their new home is in Unchiprang camp 22, block A.

They had a very comfortable life in Myanmar. Their father had a lot of land and livestock. Their favorite was the poultry that their mother took care of. They have a big family of 11. Four of them are currently studying because they want to be someone big. Mujibur wants to be an army officer, Tasmin and Sehera want to be teachers and Jahidur doesn't know it yet, but his eyes are full of dreams.



They walked for two whole days to get to safety. They like Bangladesh. They like coming to class in Spreeha center. Their new classmates are nice to them. Their favorite teachers are Shakila, Shahana and me. They want to go back to Myanmar but they don't want to live in fear anymore.

Spreeha Diversity Academy

Spreeha Diversity Academy (SDA) envisions a global citizenry of positive change-makers bridging inequalities, where future generations are empowered to reach their full potential.

Spreeha takes a holistic approach to empowering the communities it serves. Education being one of its core pillars, Spreeha recognizes the need for global education as a transformative learning process that is essential in creating and promoting mutual understanding across racial, cultural, religious, socio-political, and geographical divides.

Spreeha believes that our youth are our agents of change, and as a means of serving the community, aims to provide effective ways of fostering global understanding among them through creating diversity awareness. Spreeha Diversity Academy (SDA) was born from this notion. Through SDA, Spreeha envisions to foster among the youth in its community, the ability and willingness to engage, better understand and ultimately, tackle global challenges like poverty and inequality.

Spreeha Pathshala



An initiative under SDA, Spreeha Pathshala aims to promote intercultural awareness and competency through foreign languages. In an age of global interdependence and increasingly multicultural society, early foreign language study builds cultural competency skills and provides an insight into other cultures that is unique only to this discipline.

Spreeha Pathshala aims to serve the Greater Seattle community of interested Bengali language learners aged 5-12 years. Our school fosters a safe, orderly, caring, and supportive environment by prioritizing the growth of each student's self-esteem through the building of a positive relationship between students and teachers.

Spreeha Pathshala nurtures growth, responsibility, and productivity by celebrating our diverse backgrounds in a positive academic atmosphere and by promoting school spirit through our accomplishments. We encourage the active involvement of parents, teachers, and members of the community in our students' educational journeys.

In April 2018, Spreeha Seattle launched the first quarter of Spreeha Pathshala. Spreeha Pathshala offered Bengali language classes in three quarters with an average of 25 students in each class.

Spreeha Kitchen



On any given night, thousands of families, including youth and children are homeless locally without access to strong support systems. Spreeha partners with local churches and non-profits and encourages local community members to engage in supporting the community's homeless people (Parking Lot Guests) by volunteering to prepare and serve warm meals for them. Spreeha Kitchen is based on Spreeha's core value of empathy. The event is coordinated by Spreeha Seattle and takes place in a church located in Kirkland. Spreeha serves meals on the second Friday of each month. In 2018, Spreeha Kitchen served about 225 meals to the parking lot guests.

Spreeha Youth/Kids' Club

The intent of the Spreeha Youth/Kids' Club is to engage both Spreeha Seattle and Spreeha Dallas children in various youth activities. This year, Spreeha Dallas organized several kids' art programs each well attended by about 15 children.



Spreeha Holiday Drive

Spreeha holiday drive is geared towards helping local, underprivileged children during the holiday season. Spreeha Seattle, in partnership with Orange Studios in Redmond and Gucci at Bravern, collected new and gently used toys and books. The donations were given to local partner, Eastside Baby Corner, to be sent to the homes with the most need. Spreeha Dallas partnered with Amadeus North America, who provided holiday gifts for 26 children who were without their parents at Christmas! Spreeha Dallas also provided meals for another 14 families.





Spreeha Community Outreach

Spreeha strives to reach out to the community to build relationships and raise awareness about its core values of empathy and partnership.

Spreeha in the Park

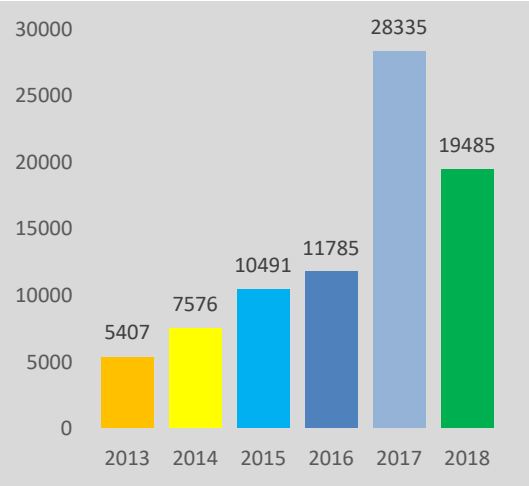
Spreeha Seattle held its annual summer picnic at Newport Beach Park in Bellevue. It included activities such as games for children and adults, access to the beach, and grilled food.



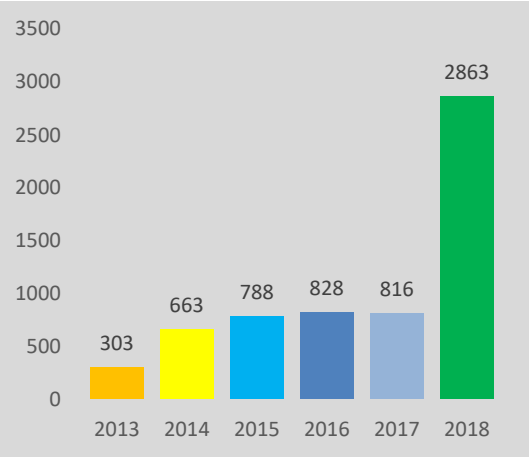
Impacts at a Glance

(Rayer Bazar data)

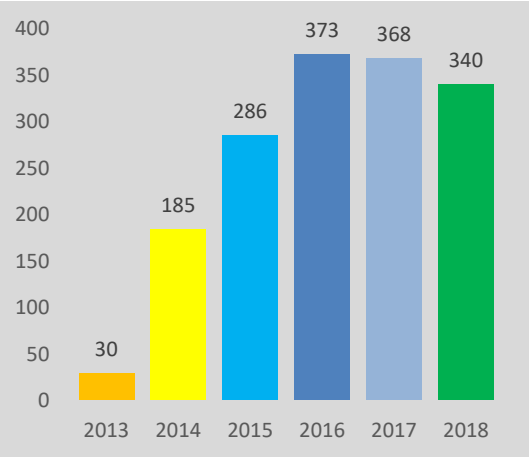
Health



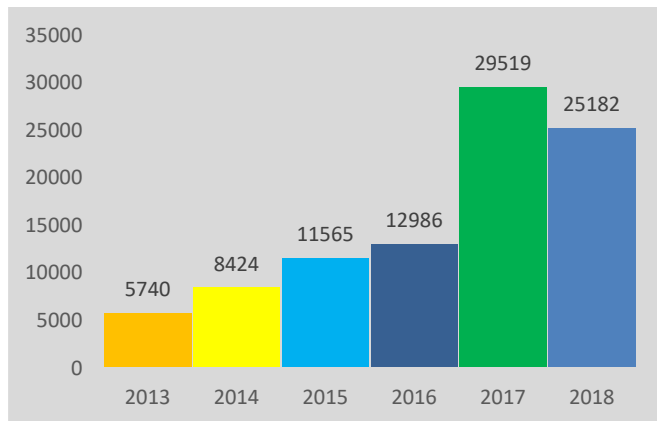
Education



Skills Training



Six Years' Total Impact

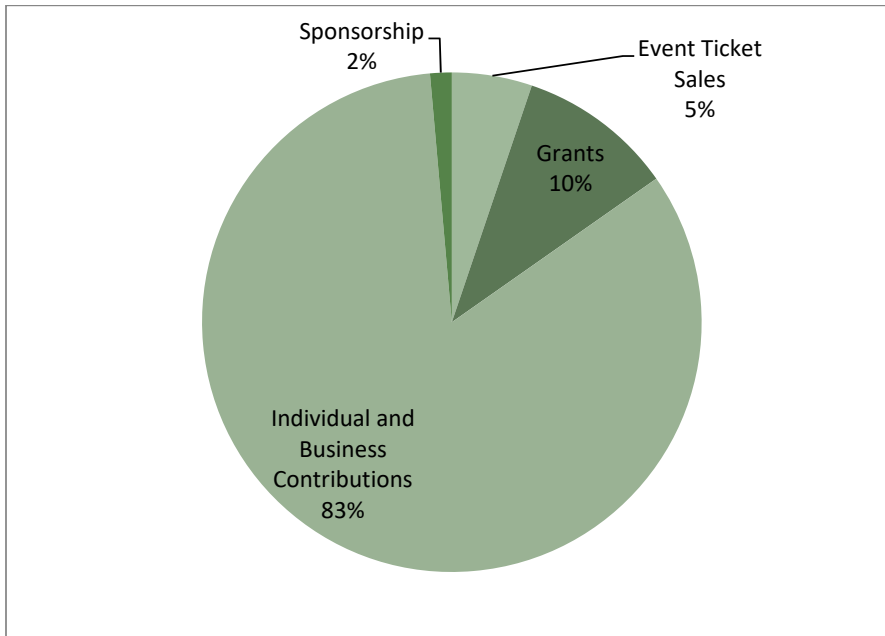


Number of total beneficiaries by year

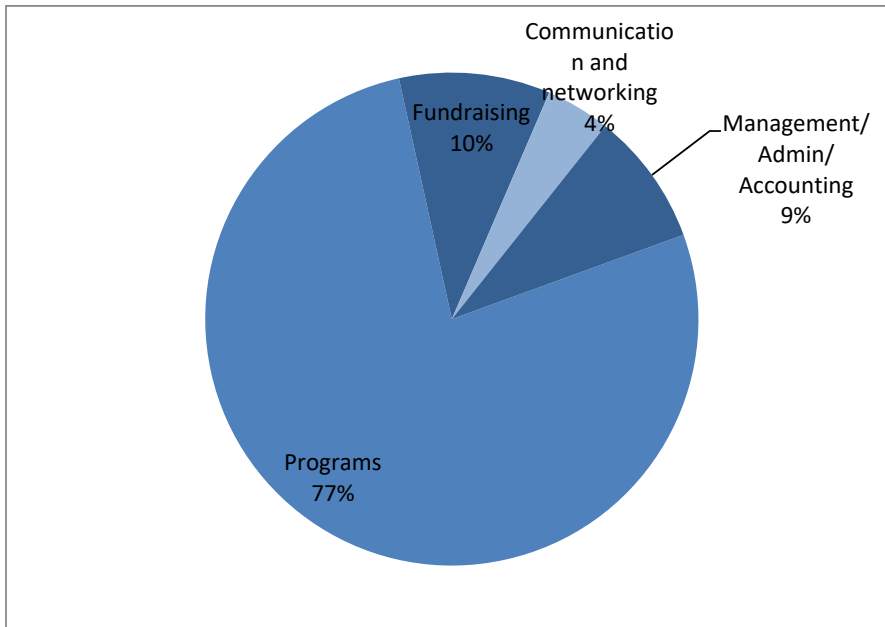
Finances

	2017	2018
REVENUES	284,794.36	374,582.83
Event Ticket Sales		19,428.28
Grants		37,740.00
Individual and Business Contributions		312,164.55
Sponsorships		5,250.00
EXPENSES	254,046.74	285,874.73
Programs	198,239.00	220,433.30
Global		186,500.00
Local		7,626.09
Program support in HQ		26,307.21
Fundraising¹ (events cost and staff time)	34,804.00	28,324.49
Communication and networking		12,096.84
Advertising, Membership & Promotion		2,000.00
Business Registration Fees		131.70
Staff time		7,892.16
Travel		2,072.98
Management/ Admin/ Accounting	21,004.00	25,020.10
Facilities rent, parking, utilities		3,850.79
Accounting services		4,150.00
Management staff		13,153.60
Banking and software fees		3,660.35
Other office expenses		205.36
Balance²	30,747.62	88,708.00
<i>1. Includes Dallas and Seattle</i>		
<i>2. Carried over to the next fiscal year</i>		

Revenue



Expenses



Key Partnerships

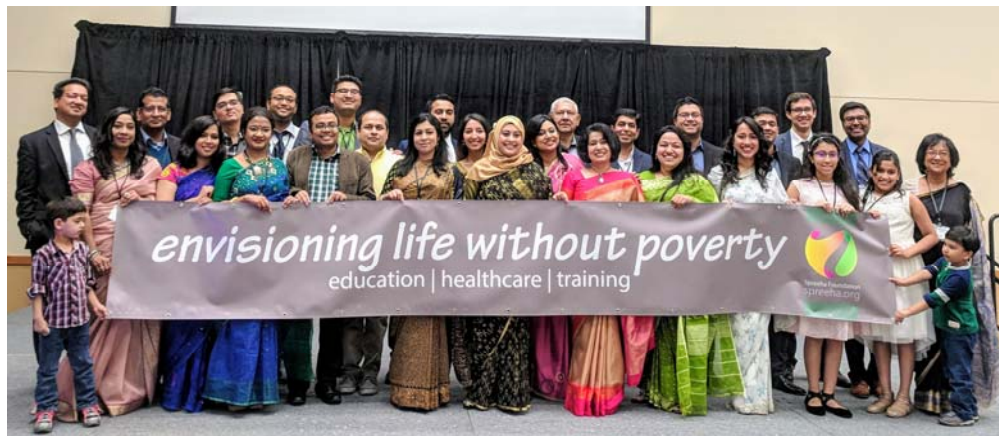
ACI Pharmaceuticals	Discounted medicine for Spreeha clinic
ActionAid, Bangladesh	Educational materials for Spreeha students
AdPeople International	Worldwide holiday fundraiser drive to support Spreeha
BRAC	Curriculum and content support for adolescent girls' club
Community Development Library (CDL)	Skills training and job placement for underprivileged women
Dnet	Implementation of mobile based health service for expecting and new mothers
Eastside Baby Corner	Distribution of toys in local communities during the holiday toy drive
Extend The Day	Solar powered lights for Spreeha students and pregnant women
Global Giving	On-site visit to Spreeha field areas
Global Washington	Feature on Global WA newsletter and social media channels
GrameenPhone	Donation of computers and tele-medicine equipment
GraphicPeople SoftwarePeople	Design and delivery of various Spreeha training programs such as art, music, photography, and graphic design
Gucci at Bravern	Holiday Toy Drive
Incepta Pharmaceuticals	Discounted medicine for Spreeha clinic
Lake Washington United Methodist Church in Kirkland	Spreeha Kitchen partnership
ITVS, Bangladesh	Content for adolescent girls' empowerment
Johnson & Johnson.	Grant for implementing mobile based health education for underprivileged pregnant women
Microsoft	Selection as Microsoft YouthSpark partner
Ministry of Health, Bangladesh	Implementation of government health initiatives, e.g. vaccination, growth chart campaign
Nari Maitree	Joint grant for healthy pregnancy guide for lower-income and lower-literacy populations in Bangladesh
Orange Studios	Holiday Toy Drive
Projonmo Bangladesh	Visibility of Spreeha's work in various events
Research Initiative Bangladesh (RIB)	Support for implementing RIB's early childhood development model in Spreeha pre-schools
RISDA Bangladesh	Support of the work in the Rohingya refugee camps
Seattle International Foundation	Grant for program and operating costs
Sisimpur	Content for education program through Sisimpur, Bangladeshi version of the children's television series Sesame Street
Tasveer	Promotion on mutual topics

University of Washington Law, Societies, and Justice Department	Grant for Rohingya project
University of Washington Bengali Students Association (UW BSA)	Support in fundraising for Rohingya refugee community

Join Spreeha

Volunteer

Do you feel strongly about making a difference and helping to break the cycle of poverty? Share your passion by getting involved with Spreeha. The majority of our organization is volunteer-run. We need help from individuals from all sorts of backgrounds. Opportunities are available no matter how much or how little time you can commit. We fit your skills, interest, and schedule. We also have virtual volunteer opportunities available. Every minute counts! If you are interested, please feel free to contact us at volunteer@spreeha.org



Spreeha Seattle team



Spreeha Dallas team

Start a New Chapter

We constantly look for opportunities to serve the underprivileged people locally and globally. Spread your leadership and passion with others in your area by setting up a new Spreeha chapter in your area. Please contact us and we can support you throughout the process.

Spread the Word

Forward our e-mails to your contacts and colleagues. Follow us on [Facebook](#), like our page, and share the posts that inspire you. Tell your friends and family about Spreeha and our programs - share the link on your blogs and social networks or just simply bring us up in conversation. You know your friends and family best, so use your own words - tell them why you are involved in Spreeha and what it means to you. The more people who know about us, the more good we can do in the world. Help us get the word out to your friends and loved ones!

Donate

Many companies have giving campaigns or matching donations. Check with your employer to see how you can include Spreeha in your organization's philanthropy. Spreeha is also a Zakat-approved charity. You can donate via Facebook or webpage at spreeha.org.



Spreeha Journey of Hope event Seattle 2018 (Photo: Snapshots Photography)



Spreeha Journey of Hope event Dallas 2018



Spreeha Winter Social event Seattle 2018



Spreeha student volunteer presents Spreeha with a donation from his Science Infinity club

Participate

Join many of Spreeha's programs, such as Spreeha Week of Caring, and Spreeha Kitchen where rewarding experiences are open for everyone and to all ages, or come grab a bite and play with us at the Spreeha in the Park in Seattle during summer.

Partner with Us

Spreeha Foundation envisions a collaborative approach to creating a private /public partnership model to solve poverty issues. To further its mission in the areas of health, education, and empowerment, Spreeha focuses on and seek sponsorship from corporations, non-profits, non-governmental organizations, foundations, and individuals. The sponsorship opportunities are in the form of monetary donations, resources, and infrastructure support.



Spreeha received a \$25,000 grant from the University of Washington's Law, Societies, and Justice Department), the Philanthropy Lab and Global Washington



*Spreeha and Extend the Day serving at the Rohingya refugee camps.
Photo by Extend the Day*